

## Operations Hours

- Monday to Friday, 10am - 4pm

## Facilities

- Workgroup table
- Sofa lounge
- Computers
- Television
- Hi-fi music system
- Newspapers & books
- Mini-bar

## Membership

The YES Club caters to young people with psychiatric or emotional behavior disorder aged 15 - 30.

Members of YES Club are also able to attend the other rehabilitation programs in Simei Care Centre (SCC).

To join the YES Club, applicants need to undergo the same admission process that governs the admission into SCC.

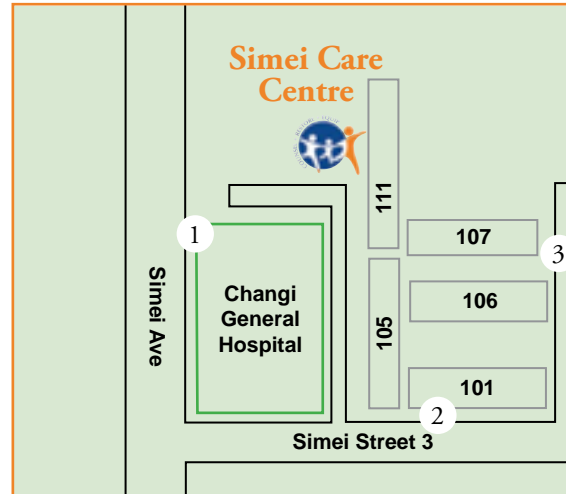
Applicants need a referral from a psychiatrist.

The referral form to gain admission into SCC is available at [www.sacsscc.org.sg/referral\\_form.pdf](http://www.sacsscc.org.sg/referral_form.pdf)

## Logo

The "Y" in the logo is for the word "youth". The orange and yellow colours chosen reflect vitality in young people. The two round ends represent people, signifying that successful empowerment is achieved where social support exists.

## Location Map



## Public Transport:

- Bus stop ① (Near CGH)  
Bus no. 10, 17 & 31
- Bus stop ② (Near Block 101)  
Bus no. 5 & 9
- Bus stop ③ (Near Block 106)  
Bus no. 38
- Nearest MRT: Simei (EW3)  
(8 minutes walk)

## Contact

### YES Club

### Simei Care Centre

10 Simei St 3, Singapore 529897

Tel : 6781 8113

Fax : 6781 3386

Email : [enquiry@sacsscc.org.sg](mailto:enquiry@sacsscc.org.sg)

Website : [www.sacsscc.org.sg](http://www.sacsscc.org.sg)



## YES Club

a program for young people



## Simei Care Centre

A place of Recovery

A community project of  
Singapore Anglican Community Services

## About YES Club

YES Club is a rehabilitation program of Simei Care Centre catering specially for young people with psychiatric or emotional behavior disorders.

"YES" means "Youth Empowered for Success". Young people with psychiatric disabilities have unique needs and the YES Club seeks to address these needs more effectively.

## Mission

To empower young people with psychiatric disabilities to take an active role in their recovery, the building of confidence and the leading of meaningful lives.

## Objectives

- To encourage and empower members
- To foster peer support and peer assistance
- To guide and lead towards education/employment



## Principles of Care

The YES Club is based partially on the clubhouse model of psychosocial rehabilitation which has the following related beliefs:

- The right to normalised social and recreational opportunities
- That persons with psychiatric disabilities can contribute positively to society
- That shared ownership of the place and shared responsibility of the members can ensure its success

As a place where members can belong and call it their own, the YES Club offers the very vital components of social interaction and peer support.

The YES Club seeks to empower the youths in taking up projects and responsibilities, with guidance and encouragement from a facilitator. This process builds their confidence and self-esteem, aiding in recovery.

Fun and recreation, learning and development are also part of the YES Club program.

Ultimately, the YES Club is about assisting the members to lead independent lives and be well integrated into the community, where he or she is either engaged in education or employment.

## Programs

### Personal Empowerment YES!

- Motivation
- Purpose in Life
- Confidence Building
- Peer Leadership

### Skills Development YES!

- Personal Grooming
- Stress Management
- Problem Solving Skills
- Money Management
- Creative Thinking

### Social Relationships YES!

- Family Relationship
- Intra & Inter-Personal Skills
- Communication Skills
- Dating Skills
- Peer support group
- Birthday celebrations
- Team building activities

### Vocational Guidance YES!

- Career Assessment
- Interview Skills
- Work Ethics

### Fun & More Fun YES!

- Indoor/outdoor games
- Quizzes
- Drama/dance/music/singing
- Outings / educational trips

### YES! Projects

- Newsletter
- Welcome
- Peer Outreach

