

## ADMISSION CRITERIA

Simei Care Centre adhere to the following Admission Criteria as developed in conjunction with Ministry of Health. The following client admission criteria are to be applied to both residential and day care clients.

- 1 Patients diagnosed with psychiatric illness who are stabilized and on psychiatric follow-up.
- 2 No serious or acute medical condition; no severe visual handicaps; no severe physical or intellectual disabilities.
- 3 Not suffering from any communicable disease.
- 4 No current history of substance abuses, such as drugs, alcohol and glue sniffing.
- 5 Not suicidal.
- 6 Acceptable social habits and behaviour.
- 7 Should not be less than 18 years old or over 60 years.
- 8 Have some form of family or social support.

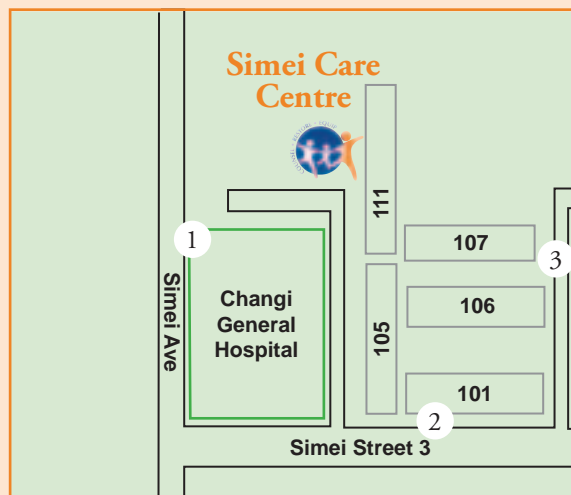
\* Referral Form is available at [www.sacsscc.org.sg/referral\\_form.pdf](http://www.sacsscc.org.sg/referral_form.pdf)

## RESIDENTIAL CARE CHARGES

The charges varies according to the percentage of subsidy given by MOH. It is determined by the means testing of the person and his family. The range is as follows:

Mean Testing	75%	50%	25%	0%
Charges	\$190	\$380	\$570	\$760

## Location Map



### We are located at:

10 Simei St 3  
Singapore 529897

### Bus services:

Bus stop① (near CGH)  
Bus no. 10, 12 & 31

Bus stop② (Near Blk 101)  
Bus no. 5 & 9

Bus stop③ (near Block 106)  
Bus no. 38

### Nearest MRT: (8 minutes walk)

Simei (EW3)

### For more information, please contact us at

Tel : 6781 8113  
Fax : 6781 3386  
Website : [www.sacsscc.org.sg](http://www.sacsscc.org.sg)



# Simei Care Centre

*A place of Recovery*



## RESIDENTIAL CARE SERVICES

*We aim to provide quality rehabilitation services for persons with psychiatric disabilities in their journey towards recovery, community re-integration and an improved quality of life.*

*Simei Care Centre is a community project of Singapore Anglican Community Services*

Simei Care Centre provides short term residential care for up to 45 females and 75 males who are suffering from psychiatric disabilities and are stabilized under treatment and medication.

The centre aims to provide a therapeutic milieu or environment for our residents while they learn to manage and cope with the impact of the illnesses. Respite care is also offered for the families and caregivers.

## OBJECTIVES

- 1) To provide a transitional accommodation for persons with psychiatrist disabilities in their process of recovery and facilitating their re-integration into society.
- 2) To help residents acquire independent living skills by improving their personal hygiene, daily living skills, social and interpersonal relationship skills.



Counter

## RESIDENTIAL CARE PROGRAM

Each resident is placed under the care of a counselor or case manager. During the night, we have a Night Duty Officer and Health Attendants looking after the welfare of our residents and to attend to their immediate needs. Counsellors or case managers work closely with each individual resident and their families to achieve the rehabilitation goals and recovery.

During the day, the residents join the day programs. The main focus of the day program is vocational training. However there are several other types of activities and programs carried out in the centre. Each week, a number of classes such as art and craft, computer training, cookery, health and hygiene, assertive training and others are conducted in the centre.

The centre is also well equipped with different facilities for recreational activities such as a basketball court and small gym.

Some activities are planned in response to the needs and requests of our members.

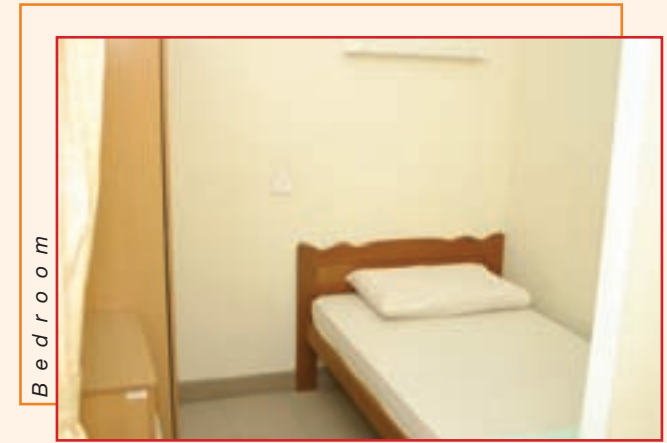
Other residential programmes include:

- Medication management
- Personal hygiene training
- Housekeeping training
- Peer support group sessions
- Night recreational programs



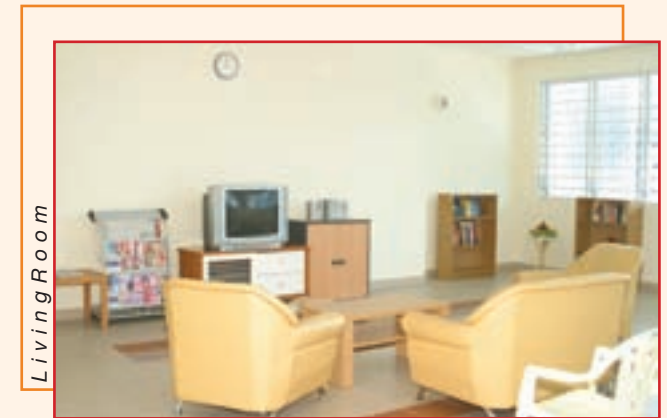
Pantry Area

Place for residents to do light cooking.



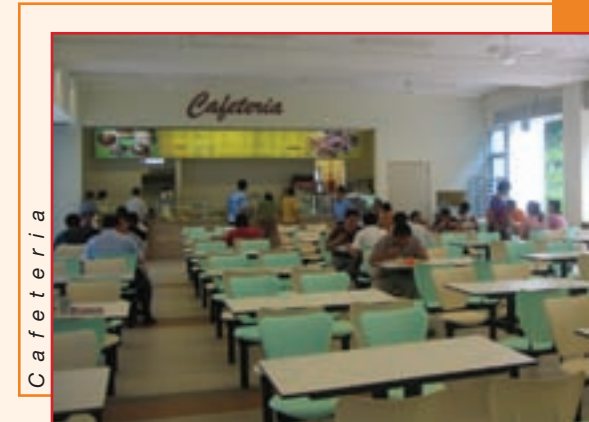
Bed room

Bed with accompanying dresser and wardrobe



Living Room

Place for residents to watch TV, listen to music and interact



Cafeteria